



CALIFORNIA EATIN'

As Chef Alex Sanchez declared during our Gentlemen's Club gathering earlier this year, San Francisco is one of the best places to eat in in the world right now. So it was a

treat to have Sanchez's mentor Chef John Paul Carmona (former chef de cuisine at two-Michelin-starred Manresa in SF) in Mumbai through June. One thing the trained pastry chef left behind - besides full bellies - is the recipe for this sweet treat, all the better to seduce her with:

ALMOND MILK PANNA COTTA WITH LYCHEE ROSE GRANITA

For the panna cotta
500 gms **almond milk**
125 gms **sugar**
8 gms **gelatin powder**
1 **vanilla bean**

For the granita
500 gms **lychee pulp**
300 gms **water**

50 gms **rosewater**
50 gms **sugar**
30 gms **lemon juice**

Bring almond milk to a simmer with sugar and vanilla bean, and let steep for 30 mins. Mix gelatin powder with ¼ cup cooled almond milk. Gently melt gelatin over low heat and combine with remaining almond milk mixture. Strain through a fine sieve and set panna cotta in a champagne flute. Refrigerate for approx two hours. For the granita, blend all ingredients until smooth. Place into a pan and freeze. Scrape the frozen mixture with a fork. Spoon granita over the panna cotta. Garnish with a raspberry.



SEE THE LIGHT

It doesn't matter what else you do with a space, if the lighting's not right it doesn't work. Enter lighting experts Mathieu Lustrerie, who custom-design lighting elements - by hand, no less - depending on your needs and taste. Apart from private

homes, their bespoke creations can be seen in the Hall of Mirrors in Versailles and at fashion houses like Hermès and Louis Vuitton. Most recently, Regis Mathieu (the founder's son who helps the business - and who owns a farmhouse in Chattarpur in South Delhi) has begun catering to an Indian clientele. Mathieu handpicks the one-of-a-kind Atmosquare for the design-oriented GQ gentleman, saying: "The energy of the rock crystals fused with the strong design creates the frame of your dream - perfect to make a statement. The shape and structure are simple yet robust. The raw cut of the rock crystals and the bold design express strength as well as modernity, making it a must-have for all men."

mathieulustrerie.com



GO GREEN

When it comes to golf, there are good handicaps and bad handicaps - and we're not just talking scores. As any athlete will attest to (and yes, golf requires a certain degree of fitness), post-play care is paramount to keep you on top of your game. So it's fitting that the first Six Senses spa in India opened some weeks ago at the Jaypee Greens Golf & Spa Resort in Noida. Now the capital's golfers can indulge in treatments designed specially for them - like the Golfer's "Albatross" Hammam that includes, among other things, a traditional hammam steam and a head-to-toe oil massage, or the Golfer's Water Therapy (where you're stretched and massaged while floating in warm water) - all delivered with the spa brand's signature touch of luxury.

0120-233 9900; sixsenses.com



GQ BUZZ

WHAT'S ON OUR RADAR THIS MONTH



UP IN THE AIR

Let's face it, domestic air travel is in shambles, with disgruntled staff and bankruptcy staring carriers in the face. The obvious solution? A private jet. But that's hardly the most practical solution for the well-heeled-yet-not mogul-level business traveller: ie, you. Luckily, there's Invision Air, providing luxury jet charters - the fleet of Phenom 100s (and soon Phenom 300s, which will fly some international routes, like

Dubai and Thailand) have interiors designed by BMW - to get you from point A to B (they're equipped to use 200 domestic airports) on your own schedule. As co-founder and managing director Vinit Phatak tells GQ, "The most precious resource for the modern gentleman is time; flying with Invision Air, he gets more of it." A charter from Delhi to Mumbai sets you back approx ₹3.9 lakh plus taxes - but for frequent flyers, there's the Jet Card membership that, among other advantages, offers reduced prices on package deals. invisionair.co.in